

GLASTRY CENTRAL KITCHEN (subject to alteration)

	Monday	Tuesday	Wednesday	Thursday	Happy Friday
06.01.20	Oven Baked Pork Sausages	Pasta Bolognaise Mixed Vegetables	Roast Chicken, Stuffing, Carrots/Parship, Gravy, Oven Roast Potatoes	Salmon Fishcakes Peas/Sweetcorn Chips/Bake Potato	Vegetable Soup Beef Burger & Bap Cheese/Salad
02.03.20	Baked Beans	Crusty Bread	Carrots/Parship, Gravy, Oven Roast Potatoes	Chips/Bake Potato	Beef Burger & Bap Cheese/Salad
06.04.20	Mashed Potatoes				
04.05.20					
01.06.20	Creamed Rice	Plain Bun & Juice	Vanilla Ice Cream & Fruit	Flakemeal Biscuit & Strawberry Milkshake	Yoghurt
29.06.20	Pudding & Fruit Salad				
13.01.20	Savoury Minced Beef Carrot/Parship	Mild Chicken Curry Rice	Roast Gammon Shredded Cabbage Mashed Potatoes Gravy	Oven Baked Sausages Mixed Vegetables Mashed Potatoes Tomato Sauce	Cod Fish Fingers Baked Beans Chips/Baked Potato
10.02.20	Mashed Potatoes	Naan Bread			
09.03.20					
13.04.20					
11.05.20	Ginger Biscuit & Milkshake	Fruit Muffin Fresh Fruit & milk	Selection of Yogurt & Slice of Melon	Flakemeal Biscuit & Milk	Ice Cream & Fruit
08.06.20					
20.01.20	Vegetable Soup Beef Burger & Bap Cheese Pasta	Chicken Fillets Carrots/Sweetcorn Gravy Mashed Potatoes	Roast Beef Gravy Stuffing Broccoli Oven Roast Potatoes	Fish Fingers Baked Beans Mashed Potatoes	Cheese & Tomato Pizza Sweetcorn Salad Diced Potatoes
17.02.20					
16.03.20					
20.04.20					
18.05.20	Shortbread Biscuit & Fruit	Vanilla Ice Cream & Chocolate Sauce	Fairy Cake & Milk	Artic Roll & Fresh Fruit	Jelly and Fruit
15.06.20					
27.01.20	Beef Burger Gravy Carrots Mashed Potatoes	Irish Stew Crusty Bread	Mild Chicken Curry Rice Naan Bread	Fish Fillet Shapes Sweetcorn Mashed Potatoes	Chicken Goujons Beans Chips/Baked Potato
24.02.20					
23.03.20					
27.04.20					
25.05.20	Ginger Biscuit & Fruit	Chocolate Muffin and Milkshake	Ice Cream Tub & Milk	Flakemeal Biscuit & Strawberry Milkshake	Yogurt & Fresh Fruit
22.06.20					

School food

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Bread, Fresh Fruit, Yoghurt, Milk and Water are available daily

If you require any additional information on allergens or Special Diet's please contact the school in the first instance

