



RESILIENCE EDUCATION ASSISTING CHANGE TO HAPPEN

WHAT IS REACH?

REACH (Resilience Education Assisting Change to Happen) is a dedicated youth work programme which **supports pupils, teachers and parents / guardians** within schools across Northern Ireland to **improve the emotional health and wellbeing outcomes** for children and young people

WHO IS REACH FOR?

The **target age range** for the REACH programme are pupils in **primary 3 and above** and will support those in **primary, secondary and special schools** across Northern Ireland

WHO DELIVERS REACH?

REACH is delivered within the school environment by a **professionally qualified youth work team** and provides programmes based on the needs of pupils and schools under the themes of; **Wellbeing for All, Early Support and Enhanced Support**



REACH CAN OFFER:

1. **Group work:** Facilitated within a full class or small group setting, REACH provides age appropriate, curriculum based programmes to enable pupils to reach their potential
2. **Teachers:** Training and support for teachers to develop resilient schools
3. **Parents and Guardians:** REACH provides opportunities for parents / guardians to meet together for support, self-care and wellbeing activities

FOR FURTHER INFORMATION:

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