

# GLASTRY CENTRAL KITCHEN (subject to alteration)

	Monday	Tuesday	Wednesday	Thursday	Happy Friday
31.08.20 28.09.20 23.11.20 04.01.21 01.02.21 08.03.21 19.04.21 17.05.21 14.06.21	Oven Baked Sausages Baked Beans Mashed Potatoes  Ginger cookie with Wedge of Water Melon	Spaghetti Bolognaise Crusty Bread Sweetcorn  Raspberry Jelly Pot/ Milk	Roast Beef Stuffing, Broccoli Gravy Dry Roast Potatoes  Chilled fruit yoghurt Grapes	Chicken Curry Wholegrain rice Garden Peas Naan bread  Flakemeal biscuit/ Milk	Oven baked salmon fishcake Chipped/baked potatoes Tossed mixed salad  Vanilla ice cream tub
07.09.20 05.10.20 07.11.20 07.12.20 30.11.20 11.01.21 08.02.21 15.03.21 25.04.21 24.05.21 21.06.21	Irish Beef Stew Crusty Bread      Rice Krispie Square	Soup of the day Hot Dog Tossed salad and coleslaw  Arctic Roll and Berries	Roast Chicken Stuffing Peas/carrots Creamed Potatoes Gravy  Fairly Cake/Milk	Chicken Curry Wholegrain Rice Petit Pois Naan Bread  Chocolate cookie with Wedge Water Melon	Baked Fish Fingers Chipped/baked potato Garden Peas & sweetcorn  Flakemeal biscuit Mixed Grape pot
14.08.20 12.10.20 09.11.20 07.12.20 18.01.21 22.02.21 22.03.21 03.05.21 31.05.21 28.06.21	Steak pieces in gravy Mashed potato Seasonal veg.    Cheddar cheese slice Cream crackers and grapes	Chicken curry and rice Naan bread Garden peas  Jelly pot/Milk	Roast Gammon Cabbage Dry Roast Potatoes Gravy  Apple Crumble and custard	Grilled Beef Burger in Soft hap Cheese  Creamed Rice/Fruit	Oven baked Fish Fingers Chipped/Baked potatoes Baked beans  Medley of Fruit in juice
21.09.20 19.10.20 16.11.20 14.12.20 25.01.21 01.02.21 12.03.21 10.05.21 07.06.21	Oven baked Fish Goujons Lemon wedge Mashed potato Baked Beans    Flakemeal biscuit/ Fruit	Spaghetti Bolognaise Crusty/Wheaten Bread Sweetcorn  Chocolate Muffin Milk	Roast Beef Stuffing, Broccoli Gravy Creamed Potatoes  Chilled yoghurt with grapes	Chicken Curry Wholegrain Rice Garden peas Naan Bread  Arctic Roll and Berries	Home-made Pizza Chipped/Baked Potatoes Baby Sweetcorn  Shortbread and Strawberry Milkshake

# School food

Try something new today  
www.schoolfoodni.com

Bread, Fresh Fruit, Yoghurt, Milk  
and Water are available daily

If you require any additional  
information on allergens or Special  
diets please contact the school in the  
first instance

